

Health Information Pathfinders

Metastatic Breast Cancer

This Pathfinder gives you a list of reliable websites about metastatic breast cancer. The purpose is to help patients and their loved ones find information and support.

Breast Cancer

BreastCancer – Go to breastcancer.org this thorough site includes disease and treatment info, living with metastasis, podcasts, videos, and surgical images, as well as an online support community.

Breast Cancer Research Foundation – Go to bcrf.org/metastatic-breast-cancer-symptoms-treatment. This is a research foundation. It does include info specifically about metastatic breast cancer.

National Comprehensive Cancer Network – Go to nccn.org/patientresources and in the search box, type in Metastatic Breast. There is a link to a webinar of their 2020 Conference on Metastatic Breast Cancer. They also have a current booklet called Guidelines for Patients that can be read online or a paper copy can be mailed to you.

Susan G. Komen – Go to komen.org. Click on the magnifying glass icon to get to the search bar. Type in Metastatic to see a list of topics. They include info for the newly diagnosed, general info about metastatic breast cancer, treatment, clinical trials, and emerging areas in research.

Sharsheret – Go to sharsheret.org. Although their expertise is in young women and Jewish families as related to breast cancer and ovarian cancer, their info and programs serve all women and men dealing with cancer.

Young Survivor Coalition – Go to youngsurvival.org. This site covers a broad range of topics including Living with Metastatic Breast Cancer, Fertility, Support, and Understanding Treatment.

General Cancer

National Cancer Institute - Go to [cancer.gov](https://www.cancer.gov) for cancer information and support. They also have detailed information about controlling pain. In the search box, type **Pain Control**. You can read the information online, print a PDF, or download it to your Kindle or other e-readers.

American Cancer Society - Go to [cancer.org](https://www.cancer.org) - Type **Advanced Cancer** in the Search box. This will give a list of topics such as Understanding, Managing, and Coping with metastatic cancer. ACS also has info on bone metastasis. In the Search box, type in **Bone Metastasis**.

American Society of Clinical Oncology – Go to [cancer.net](https://www.cancer.net). This site offers a wide range of info for people with cancer, families, and caregivers.

Clinical Trials

Breast Cancer Trials – Go to [breastcancertrials.org/](https://www.breastcancertrials.org/) This site offers info on clinical trials for all kinds of breast cancers including metastatic. The trials are nationwide. You can search for trials as a guest.

National Cancer Institute Clinical Trials Portal – Go to [cancer.gov/about-cancer/treatment/clinical-trials](https://www.cancer.gov/about-cancer/treatment/clinical-trials) Offers info on what clinical trials are, questions to ask your doctor, and a searchable database of cancer clinical trials.

Support Websites

Cancer Support Community – Go to [cancersupportcommunity.org](https://www.cancersupportcommunity.org) This site offers support focused on specific topics including educational, emotional, treatment decision-making, nutrition, and managing side effects. They also provide education materials, articles, videos, and podcasts about cancer.

Living Beyond Breast Cancer – Go to <https://www.lbbc.org/>. This site offers info and support for Metastatic cancer, LGBTQ+, Black women, and Men who have breast cancer. There is also a section for Caregivers.

CancerCare – Go to www.cancer.org or call 1-800-813-4673. This site offers online support groups and counseling for metastatic breast cancer.

This Pathfinder is not meant to be used for medical advice. Medical information changes often, so please talk to your doctor or nurse about any questions or concerns you have.